

A Resolution to Support the Establishment of a Student Wellness Center Endowment

Zach Clark (for himself, Michael Frank, Maria Vargo, and Nick Prayner) introduced the following resolution to the General Assembly, where it passed.

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Whereas the Undergraduate Student Government represents all undergraduate students at The Ohio State University, and

Whereas the Center for the Study of Student Life at The Ohio State University conducted a survey of the Columbus Campus undergraduate student body in Spring 2012,¹ and

Whereas 33% of these survey respondents felt so depressed in the last 12 months they struggled to function, 25% had suicidal thoughts, 7% physically hurt themselves, and 1% attempted suicide,² and

Whereas there are over 600 attempted suicides a year at The Ohio State University,³ and

Whereas The Ohio State University has continued to increase in size,⁴ and

Whereas the demand for mental health services has increased significantly as well, and

Whereas the Student Wellness Center at The Ohio State University has created myriad free programs that equip students with skills to promote positive mental health,⁵ and

Whereas the Student Wellness Center created wellness coaching as an effective method to assist students struggling with mental health problems while lessening the demand on other university-sponsored mental health services, and

Whereas the Student Wellness Center has trained graduate and upper-level undergraduate students to lead wellness coaching sessions,⁶ which enhance their peers' mental health through empowering conversations about strengths and goals, and

Whereas the Student Wellness Center currently lacks the necessary monetary and institutional support to effectively accommodate undergraduate students with mental health problems, and

¹ <http://cssl.osu.edu/posts/documents/mental-health-brief.pdf>

² <http://cssl.osu.edu/posts/documents/mental-health-brief.pdf>

³ <http://oncampus.osu.edu/reaching-out-to-save-lives/>

⁴ <https://www.osu.edu/osutoday/stuinfo.php#enroll>

⁵ <https://swc.osu.edu>

⁶ <http://www.swc.osu.edu/about-us/wellness-coaching/>

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Whereas the establishment of an endowment fund for the Student Wellness Center would ensure the advancement and maintenance of the Student Wellness Center and the programs contained within the service, and

Whereas this endowment fund would provide for an increased number of Graduate Administrative Assistants (GAA) who provide individual and group wellness coaching sessions to the undergraduate student body, and

Whereas this endowment fund would foster student emotional wellness through biofeedback, relaxation, stress management, and mindfulness meditation among other programs, and

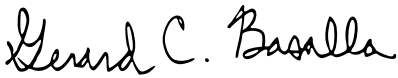
Whereas this endowment fund would fund the expansion of the Student Wellness Center to adjacent spaces that would house services for enhancing student’s overall wellness; and

Therefore Let it Be Resolved that the undergraduate student body at The Ohio State University supports the establishment of an endowment fund for the Student Wellness Center, and


Let it Further Be Resolved that this endowment fund will ensure that annual funding will be available on a continuing basis, and

Let it Further Be Resolved that the funds generated from this endowment should be used exclusively to support the initiatives of the Student Wellness Center.

Floor Vote: Passed with unanimous consent



Gerard Basalla
President



Danielle Di Scala
Vice President

Date Adopted: April 20, 2016

Date Terminated: _____